

Diary of daily and food costs

For the Attention of Household!

The interviewer will leave this diary for your daily reference. S/he will help you out fill in the information of the past two days, whereas you will have to fill in the data of the current day as well as that of the coming four days.

The diary is divided by days. We kindly ask you to provide thorough and accurate information while filling in. On the second visit, the interviewer will transfer the data provided by you to the questionnaire. Please note that while doing so, some clarification might be required.

Thank you in advance for your cooperation!

Day1 Date _____		Day of the Week _____																															
<p>1. Expenditure on food and beverages. Please indicate what food and beverages you have bought for the day. Indicate the cost and amount per each item.</p> <p>_____</p> <p>_____</p> <p>_____</p>																																	
<p>2. Expenditure on meals outside home. This includes eating by household members in canteen, restaurant, cafeteria, in the street, etc. You have to only consider those meals that one of your household members paid for, even partially. Please indicate only the sum that has been paid by your household member.</p> <p>_____</p> <p>_____</p>																																	
<p>3. Other daily expenditures on non-food items. (cigarettes, fuel, printed media etc) and services (public transport, etc.) Non-food items and services. Please provide as much details as possible and indicate the sum paid.</p> <p>_____</p> <p>_____</p> <p>_____</p>																																	
<p>4. Consumption of food in a household. Please name the food that your household members ate on that day and what products were used for cooking. Please indicate amount per each product.</p> <p>_____</p> <p>_____</p> <p>_____</p>																																	
<p>5. Food intake by the members of the household. Please indicate the number of food intakes (breakfast, brunch, lunch, dinner) by a household member older than three years at home or outside</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 20%;">Name of the Household Member</th> <th style="width: 5%;"> </th> </tr> </thead> <tbody> <tr> <td>Home</td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> <tr> <td>Outside</td> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </tbody> </table>				Name of the Household Member										Home										Outside									
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Day 2 Date _____ Day of the Week _____

1. Expenditure on food and beverages.

2. Expenditure on meals outside home

3. Other daily expenditures on non-food items. (cigarettes, fuel, printed media etc) and services (public transport, etc.)

4. Consumption of food in a household

5. Food intake by the members of the household. Please indicate the number of food intakes (breakfast, brunch, lunch, dinner) by a household member older than three years at home or outside

Name of the Household Member										
Home										
Outside										

6. How many non-household members have had breakfast, lunch or dinner together with you at home?

Breakfast	Lunch	Dinner	Supper

Day 3 Date _____ Day of the Week _____

1. Expenditure on food and beverages.

2. Expenditure on meals outside home.

3. Other daily expenditures on non-food items. (cigarettes, fuel, printed media etc) and services (public transport, etc.)

4. Consumption of food in a household

5. Food intake by the members of the household. Please indicate the number of food intakes (breakfast, brunch, lunch, dinner) by a household member older than three years at home or outside

Name of the Household Member										
Home										
Outside										

6. How many non-household members have had breakfast, lunch or dinner together with you at home?

Breakfast	Lunch	Dinner	Supper

Day 4 Date _____ Day of the Week _____

1. Expenditure on food and beverages.

2. Expenditure on meals outside home.

3. Other daily expenditures on non-food items. (cigarettes, fuel, printed media etc) and services (public transport, etc.)

4. Consumption of food in a household

5. Food intake by the members of the household. Please indicate the number of food intakes (breakfast, brunch, lunch, dinner) by a household member older than three years at home or outside

Name of the Household Member										
Home										
Outside										

6. How many non-household members have had breakfast, lunch or dinner together with you at home?

Breakfast	Lunch	Dinner	Supper

Day 5 Date _____ Day of the Week _____

1. Expenditure on food and beverages.

2. Expenditure on meals outside home.

3. Other daily expenditures on non-food items. (cigarettes, fuel, printed media etc) and services (public transport, etc.)

4. Consumption of food in a household

5. Food intake by the members of the household. Please indicate the number of food intakes (breakfast, brunch, lunch, dinner) by a household member older than three years at home or outside

Name of the Member										
Home										
Outside										

6. How many non-household members have had breakfast, lunch or dinner together with you at home?

Breakfast	Lunch	Dinner	Supper

Day 6 Date _____ Day of the Week _____

1. Expenditure on food and beverages.

2. Expenditure on meals outside home.

3. Other daily expenditures on non-food items. (cigarettes, feul, printed media etc) and services (public transport, etc.)

4. Consumption of food in a household

5. Food intake by the members of the household. Please indicate the number of food intakes (breakfast, brunch, lunch, dinner) by a household member older than three years at home or outside

Name of the Member											
Home											
Outside											

6. How many non-household members have had breakfast, lunch or dinner together with you at home?

Breakfast	Lunch	Dinner	Supper

Day 7 Date _____ Day of the Week _____

1. Expenditure on food and beverages.

2. Expenditure on meals outside home.

3. Other daily expenditures on non-food items. (cigarettes, feul, printed media etc) and services (public transport, etc.)

4. Consumption of food in a household

5. Food intake by the members of the household. Please indicate the number of food intakes (breakfast, brunch, lunch, dinner) by a household member older than three years at home or outside

Name of the Household Member											
Home											
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6. How many non-household members have had breakfast, lunch or dinner together with you at home?

Breakfast	Lunch	Dinner	Supper